

## Chapter 1

# *Now Faith...*

Hebrews 11:1

Welcome to an exciting, life-changing journey! You “turned the page” and continued to this chapter even after the warning!

Coming this far is a step of faith, and I encourage you to keep taking them. A successful walk with God can only be taken in faith. Here’s a fact, you either have faith or you do not. It’s a yes or no answer, a step or stop action. Hebrews 11:6.

### What Is Faith?

Faith is \_\_\_\_\_. Hebrews 11:1

Faith is the \_\_\_\_\_ way we can follow God. Hebrews 11:6

Faith brings \_\_\_\_\_. 1 John 5:4

### Failure to Freedom

Faith is \_\_\_\_\_.

When you \_\_\_\_\_ God’s grace, you \_\_\_\_\_ faith in self.

How do we let go of what we think we know for what God knows is best? \_\_\_\_\_.

It takes faith to see God’s \_\_\_\_\_ through your feelings and other senses.

Freedom is found by trusting God’s \_\_\_\_\_.

Start where you \_\_\_\_\_. Philippians 3:13a

Look \_\_\_\_\_. Philippians 3:13b-14

Trust \_\_\_\_\_ for victory. Hebrews 11:1-6; Proverbs 24:16; Psalm 37:24 The arm of flesh fails.

Faith knows God is \_\_\_\_\_. Genesis 18:14; Jeremiah 32:17

Faith knows God is your \_\_\_\_\_. Psalm 38:15; Romans 15:13; Luke 4:18

### Five Stages of Recovery

1. \_\_\_\_\_-contemplation.
2. \_\_\_\_\_.
3. \_\_\_\_\_.
4. \_\_\_\_\_.
5. \_\_\_\_\_.

### Where Are You?

1. Considering the contrasting ideas shown below, circle the number that is closest to where you believe you are.

Failure	1 2 3 4 5	Freedom
Problems Are Powerful	1 2 3 4 5	God Is Powerful
Lost	1 2 3 4 5	Hope

2. Write the problem areas you indicated from the first week. Next, circle which stage you believe you think you are in for each.

1. \_\_\_\_\_ :  
Pre-contemplation | Contemplation | Preparation | Action | Maintenance
2. \_\_\_\_\_ :  
Pre-contemplation | Contemplation | Preparation | Action | Maintenance
3. \_\_\_\_\_ :  
Pre-contemplation | Contemplation | Preparation | Action | Maintenance

For these problem areas, are you ready to advance? If advancing has been a struggle, would you let someone else in to help you? I encourage you to let your pastor, Sunday school teacher, or other friend with good Bible knowledge to help you with prayer and words of encouragement. Would you do that this week?