

# How May I Turn Around My Disappointments?

Psalms 73

**Interesting Note:** Who is Asaph? He served in the greatest times of Israel's worship under David and Solomon. He wrote at least twelve Psalms, and he developed the choirs that sang in the temple, establishing modern traditions for worship, writing songs as a prophet along with King David (Nehemiah 12:46).

#### Introduction:

Fact: Life is full of disappointments. Even those who are dedicated to God face them, such as Asaph! Consider Proverbs 13:12 and the many Bible characters who experienced disappointments: Adam and Eve, Jacob, Joseph, the disciples, and Paul. When life goes anything but the way we think it *should*, it is so easy to feel disappointed. We may even wonder if being faithful to God will pay off in our favor.

### Lesson: Let God turn disappointments into good.

## 1. Expect Inconsistencies in the World.

\_\_\_\_\_. v. 3-5

\_\_\_\_\_. v. 6-7

\_\_\_\_\_. v. 8-9

\_\_\_\_\_. v. 10-11

## 2. Express Confidence in the Lord.

\_\_\_\_\_ your concerns. v. 15-16

\_\_\_\_\_ to God. v. 17-19

\_\_\_\_\_ the future. v. 18-20

\_\_\_\_\_ your life. v. 21-22

\_\_\_\_\_ into God's presence. v. 23-24

\_\_\_\_\_\_ to faith. v. 25-26; Matthew 16:26

\_\_\_\_\_ with God. v. 26-27

Romans 8:28-29; 2 Corinthians 12:7-9; Revelation 11:15

**Dig Deeper (Read, Study, Pray, and Share):** Psalm 73; Job 13:15; Romans 8:28-29; 2 Corinthians 12; Philippians 3:3-14; Matthew 4:1-11; Hebrews 10:35; James 4:8; 1 John 3:8; 5:19; Revelation 11:15